Slow Down

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Choregraphie par : Guylaine BOURDAGES

Description : 32 temps, 4 murs, Débutant, Mai 2016

Musique : Slow Down par Bob DOUWE



Intro : 32 counts

SECTION 1
[1-8] RF cross Rock Step, Chassé RLR, LF cross in front of RF, 1/4L RF back, 1/4L Chassé LRL

1-2 RF cross in front of LF (1), Recover on LF (2)
3&4 RF to right (3), LF beside RF (&), RF to right (4)
5-6 LF cross in front of RF (5), 1/4L RF back (6) (9H)
7&8 (1/4L) LF to left (7) , RF beside LF(&), LF to left(8) (6H)

SECTION 2
[9-16] RF cross Rock Step, Chassé RLR, LF Jazz Box 1/4L, Finish RF point to right

1-2 RF cross in front of LF (1), Recover on LF (2)
3&4 RF to right (3), LF beside RF (&), RF to right (4)
5-8 LF cross in front of RF (5), 1/4L RF back (6), LF to left(7), Point RF to right (8) (3H)
TAG here on wall 7

SECTION 3
[17-24] RF Forward, Hitch LF, LF back, RF beside LF, LF forward, Hitch RF, RF back, LF beside RF

1-4 RF forward (1), Hitch left knee (2), LF back(3), RF beside LF(4)
5-8 LF forward (5), Hitch right knee (Hitch) (6), RF back(7), LF beside RF(8)

SECTION 4
[25-32] Stomp RF forward, Hold, LF beside RF, Triple Step forward RLR, Rock Step LF forward, LF back, Point RF to right

1-2 Stomp RF forward(1), Hold(2)
&3&4 LF beside RF (&), RF forward (3), LF beside RF(&), RF forward(4)
5-6 LF forward (5), Recover on RF (6)
7-8 LF back (7), Point RF to right(8)

TAG VERY EASY ON WALL 7
Dance the 16 first counts the dance . You are now facing 9H
TAG RF Forward, Hitch LF, LF back, Touch RF beside LF, Side Touch (clap, Side Touch (clap)

1-4 RF forward (1), Hitch left knee (Hitch) (2), LF back (3), Touch RF beside LF (4)
5-6 RF to right (5), Touch LF beside RF (CLAP) (6)
7-8 LF to left (7), Touch LF beside RF (CLAP) (8)

And Start again WITHOUT PAUSE …

FINAL: On the last wall, on section 4 after the rock Step turn 1/4L and touch on counts 7-8

Keep Smiling and thank you to dance my choreographies
Contact: www.guylainebourdages.com – www.coachingdanse.com – gbourdages@hotmail.com

(503)

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